

Golog Support Foundation

TIBET

PROJECT FOR ACCESSIBLE HEALTHCARE

A five-day walk to your doctor. That is normal practice in Golog, Tibet.

The Golog Support Foundation works to improve healthcare for the most vulnerable people in this remote Tibetan region. Do you support our goal? We will be pleased to receive your donation. Or surf to <http://www.gologsupport.org> for more information.

The Golog Support Foundation is an independent foundation and has no religious or political connections

The Golog region

Golog is an autonomous Tibetan region within the Chinese province Qinghai. The majority of the people are Tibetans, but there are also Chinese inhabitants. Most Tibetans in Golog are nomads. Their living is based on keeping yaks, a kind of cows. They provide milk, meat, hide and dung. Everything can be used. Parts of Golog belong to the world's poorest regions. Within China and within Tibet they are among the most backward regions.



Healthcare

Healthcare is often beyond reach, in the first place for nomads, pregnant women, elderly people and children. The doctor is far away but also far too expensive to be accessible.

An example from day-to-day practice

A researcher writes in her report: 'Access to hospitals, pharmacies [...] is available in the main cities of the counties and to some extent in smaller towns.' As an example of

the still existing situation in many parts of Golog, she mentions a Nomad she met. This man had to ride for two days with his sick baby on a horse back from his home to the hospital in the main city Dga'bde.

(Bianca Horlemann in Modernization Efforts in Mgo log; A Chronicle, 1970–2000).

Our locations



For our medical units we selected two locations in the county around Darlag. Both are situated such that they are accessible for local people during summer and winter. Herewith we would reach approximately 50,000 people who are lacking healthcare today.

'The doctor nearby'

This is our slogan to improve healthcare in Golog. We will start with one or two small healthcare units with a 'general practitioner'.

We focus on the poorest and most vulnerable groups. To prevent the exclusion of certain groups we will provide the services free of charge.

One unit consists of one doctor and two nurses. The housing is available, but we need equipment and furniture. We also need medicines. With € 50,000 we can start one

unit and operate it for two years. Our goal is to collect € 100,000 for two units.

In the medium long term we would like to add a mobile unit and to start a small, regional clinic. In addition we would like to finance education for local students. After their study they can start in their own region as a doctor or a nurse. With all our activities we try not to reinvent the wheel, but to take advantage of existing initiatives.

The story of Jönchen

Jönchen was a pregnant woman in her mid thirties. On an early morning in June 2007 she was working with her yaks as usual when she started to feel strong pains. Her husband went to the nearest drugstore to buy some medication. In the course of that afternoon he came back with some drugs, which did not help at all. She was transported to the nearest village but she could not be helped there. Somebody offered to take her to another town with a kind of medical unit.



On her way to that town, later that evening, she died. If there would have been basic medical care nearby, she probably would have survived. What happened to this young woman is not exceptional. It is a sad reality for all vulnerable groups of people in this region.

Your donation is needed!

All donations, large and small, are welcome. You can help us with a one-time gift or, even better, a periodic amount.

Golog Support Foundation

The Golog Support Foundation is a Dutch foundation and started in 2007. Its base is in Rotterdam and there are contacts in the Tibetan Prefecture Golog.

We intend to start local organizations in Luxembourg and other countries as soon as we have the organizational power to do so.

Members of the board are Henco van der Weijden (chairman), Albert Verdam (secretary) and Eric de Jong (finance).

Lama Jigmé Namgyal is the initiator of the Golog Support Foundation. He was born and raised in the Golog region; his family still lives in this region.



STICHTING GOLOG SUPPORT FOUNDATION

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